

2023年度

一般選抜 二期 試験問題

英 語

注 意 事 項

- 1 試験開始の合図があるまで、この問題冊子の中を見てはいけません。
- 2 試験中に問題冊子の印刷不鮮明、ページの落丁・乱丁及び解答用紙の汚れ等に気付いた場合は、手を挙げて監督者に知らせてください。
- 3 解答用紙には解答欄以外に次の記入欄があるので、それぞれ正しく記入し、マークしなさい。

① 氏名欄

氏名を正しく記入しなさい。

② 受験番号欄

受験番号（7桁の数字）を記入し、さらに受験番号マーク欄にマークしなさい。

正しくマークされていない場合は、採点できないことがあります。

- 4 解答は、解答用紙の解答欄にマークしなさい。例えば、解答番号 と表示のある問いに対して⑤と解答する場合は、次の（例）のように解答番号1の解答欄の⑤にマークしなさい。

（例）

| 解答番号 | 解 答 欄 | | | | | | | | |
|------|-------|---|---|---|---|---|---|---|---|
| 1 | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ | ⑧ | ⑨ |

- 5 試験時間は60分です。
- 6 試験終了後、問題冊子は回収しますので持ち帰らないでください。

〔 I 〕 次の英文を読み、以下の各問いに答えよ。

Experts say adults who exercise for just 150 minutes a week can reduce their risk of serious illness by 50%. In addition, regular exercise increases *life expectancy and reduces the risk of early death by 30%. It also improves your mood, *self-esteem, and sleep quality.

Today, most adults are (1) than in the past, because our jobs are far less physical than the work our grandparents used to do. In fact, many of us spend seven hours or more just sitting in a chair each day. This lack of regular physical activity means that people burn fewer calories than in the past, so we need to make an extra effort to use up all our energy. (2)According to experts, adults need to do two and a half hours of moderate exercise per week. This could be fast walking or cycling on a flat road. In addition, it is important to do exercises to strengthen muscles two or three times a week.

Exercise can be expensive, but (3)it doesn't have to be. Team sports such as soccer or basketball can be cheap, because all the players share the cost of the field or court. Joining a recreational sports league is usually an inexpensive way of getting exercise and can be very social, too. Local recreation centers usually offer racquetball at low rates if you book a court at off-peak times, and you may be able to get a reduced-price gym membership, too.

If you don't want to spend any money at all, try one of the following activities. Go for a run; the only equipment you need is a pair of running shoes. If you take the bus, try getting off one stop early and walking the extra distance. Go to the park. Try getting a group of friends or family together for a game of soccer, or play the kinds of running games you haven't played since you were a child. This is a great way to involve the whole family and also help you get in shape. Alternatively, if you (4), gardening or doing housework are great ways to get in shape, and you can enjoy the benefit of a nice garden and a tidy house, too!

Although adults should do two and a half hours of exercise a week, you don't have to do it all at one time. (5)Split the time into ten-minute chunks! If you do ten minutes before work, ten minutes during your lunch break and ten minutes after work, five days a week, you've achieved the target! You could also go swimming during your lunch hour two or three times a week and you've done it! (6), there are many easy ways of getting in shape. If we all recognize the value of doing this, we will live longer and be healthier.

*life expectancy…平均余命 *self-esteem…自尊心

出典 *Prism Reading Level 2 Cambridge University Press* 一部省略

問1 空所(1)、(4)、(6)に入れるのに最も適切なものを次のうちから1つずつ選べ。 [解答番号は 1 ~ 3]

- | | | | |
|-------|----------------------------|---------------------------|---|
| (1) | ① much less active | ② still busier | |
| | ③ even less gentle | ④ much more productive | 1 |
| (4) | ① are unlikely to be alone | ② have a lot of money | |
| | ③ want to stay at home | ④ prefer to play outdoors | 2 |
| (6) | ① For instance | ② In brief | |
| | ③ On the contrary | ④ At the same time | 3 |

問2 下線部(2)、(5)の内容に最も近いものを次のうちから1つずつ選べ。 [解答番号は 4 , 5]

(2) According to experts, adults need to do two and a half hours of moderate exercise per week. 4

- ① Experts advise adults to get over hours of proper exercise each week.
 - ② Experts call for adults to start doing a few hours of light exercise once a week.
 - ③ Experts expect adults to spend a couple of hours exercising indoors weekly.
 - ④ Experts recommend adults to spare 150 minutes a week for hard exercise.
- (5) Split the time into ten-minute chunks! 5
- ① You must prepare mentally at least ten minutes before you start to exercise.
 - ② When 150 minutes seems too long, you can separate it into fifteen parts.
 - ③ If you are too tired to do anything, you should take ten minutes to relax.
 - ④ Deep concentration will make you feel as if two and a half hours were only ten minutes.

問3 下線部(3)の具体的内容として最も適切なものを次のうちから1つ選べ。 [解答番号は 6]

- (3) it doesn't have to be
- ① It is reasonable to make use of public facilities regularly.
 - ② It isn't necessarily expensive to be a member of a gym.
 - ③ It takes much effort to accustom your body to a particular exercise.
 - ④ It isn't necessary to invest a lot of money in exercise.

問4 次の英文の空所に入れるのに適切なものを次のうちから3つ選べ。解答の順序は問わない。 [解答番号は 7 ~ 9]

According to the article, regular exercise can ().

- ① prevent you from getting serious illness
- ② cause you to be respectful to others
- ③ help you burn more calories
- ④ provide a safer and most interesting life
- ⑤ benefit you in spite of its high cost
- ⑥ include gardening or doing housework

問5 本文の表題として最も適切なものを次のうちから1つ選べ。

[解答番号は 10]

- ① Exercising to Lose Weight
- ② Walking to Improve Health and Mood
- ③ Easy Ways to Stay Healthy
- ④ Exercise Every Day to Keep the Doctor Away

[II] 次の英文の内容と合っているものを次のうちから5つ選べ。解答の順序は問わない。

[解答番号は 11 ~ 15]

Studying in a foreign country can be exciting. It can be difficult too, especially if the culture is very different from your own. However, there are often surprises, even if the culture is very similar. When Megan, a British student, first arrived here in the United States she knew that Americans ate their food with a knife and fork. ‘But they don’t use the knife and fork like we do,’ says Megan. ‘In Britain we eat with the fork in the left hand and the knife in the right hand. Whereas Americans often just use a fork in the right hand.’

Megan is also surprised that Americans *tip a lot more than the British do. ‘We never tip a waiter just for a cup of coffee, but Americans tip 15 per cent. The accents can be so different, too! I’m slowly getting used to everything.’

For students who come here from more different backgrounds, settling in can take longer. Kit-ken, a student who came from Taiwan only a few months ago, told us ‘When I first arrived everything was new and exciting. I really liked the differences between here and home. I was happy to be in a new country. Now, though, I miss my family and friends and feel a bit lonely. Sometimes I’m confused about what to do. There are still lots of things that I like, but now there are more things I dislike. I feel really homesick!’

For advice we turned to some students who now have few problems about being a student here. Seydou arrived from Senegal two years ago. He told us ‘Kit-ken shouldn’t worry, this is perfectly normal. I felt exactly the same as she did. I didn’t understand the culture and my English wasn’t improving, either.’

Seydou realised this was because all his friends were from his own country. ‘So I decided to get to know some North American students, and other international students. I went to the *student union where there are a lot of different clubs. There are sports clubs, dance clubs, clubs for people who have the same *religion, clubs for people who want to find out more about something — there are loads! I saw there was a club for students interested in music and so I joined that. It made all the difference! I made friends quite quickly, and I was able to understand the culture a bit better. The students were interested in me, too. We talked about the differences, and I began to feel a lot happier. We now get on well and often hang out together.’

*tip ～…～にチップを渡す *student union…学生会館 *religion…宗教

出典 *Effective Reading 2 Macmillan*

- ① 母国とはまったく異なる文化をもつ国で学ぶことでしか人は精神的に成長できない。
- ② アメリカではナイフを使わずに右手にもったフォークだけで食事をする人がよくいる。
- ③ 一般的にアメリカ人はコーヒー1杯の注文に対して少なくとも15セント程度のチップを渡す。
- ④ ホームシックにかかっている Kit-ken は、以前はアメリカでの生活を楽しんでた。
- ⑤ Seydou は Kit-ken より1年以上早く、留学生としてアメリカにやってきた。
- ⑥ Seydou は母国以外の出身者との交流を深めるために学生会館のクラブに参加した。
- ⑦ アメリカ英語とイギリス英語では使われる語彙が違うためコミュニケーションをとるのが難しい。
- ⑧ アメリカでは留学生が数多くのクラブに参加できる学生会館がある。
- ⑨ Kit-ken と Seydou は同じ悩みを抱えていたが、今では一緒に外出するほど仲が良い。

〔Ⅲ〕 次の各組の中で、第一アクセント（第一強勢）の位置が他の語と異なるものを次のうちから1つずつ選べ。 〔解答番号は 16 ~ 20〕

- | | | | | | |
|----|------------------|-------------------|-----------------|---------------------|----|
| 問1 | ① chal-lenge | ② oc-cur | ③ ha-tred | ④ re-cent | 16 |
| 問2 | ① ad-vice | ② re-sponse | ③ ex-tinct | ④ vol-ume | 17 |
| 問3 | ① dis-cov-er | ② es-tab-lish | ③ cap-i-tal | ④ con-tin-ue | 18 |
| 問4 | ① su-per-mar-ket | ② com-mu-ni-cate | ③ ma-te-ri-al | ④ par-tic-u-lar | 19 |
| 問5 | ① u-ni-ver-si-ty | ② im-me-di-ate-ly | ③ caf-e-te-ri-a | ④ in-ter-na-tion-al | 20 |

〔Ⅳ〕 次の文中の（ ）に入れるのに最も適切なものを次のうちから1つずつ選べ。 〔解答番号は 21 ~ 30〕

- 問1 (21) I read in the paper was difficult to believe, but it turned out to be true.
 ① That ② Which ③ What ④ How
- 問2 I must (22) that I've made a lot of foolish things in the past.
 ① admit ② order ③ suggest ④ doubt
- 問3 Since they're (23), small cars are becoming more and more popular.
 ① expensive ② worth ③ economical ④ available
- 問4 Please use the (24) over there to water the flowerbeds.
 ① gate ② container ③ hook ④ shelf
- 問5 My wife's birthday falls (25) Saturday this year. I'm planning a party for her.
 ① on ② until ③ at ④ in
- 問6 If you intend to climb such a high mountain, your shoes need (26).
 ① repaired ② to repair ③ to be repairing ④ repairing
- 問7 My grandmother used (27) this story to me over and over when I was little.
 ① to speak ② to read ③ to saying ④ to telling
- 問8 We have to practice hard; (28), we won't win the championship.
 ① besides ② nevertheless ③ otherwise ④ therefore

問9 (29) of you has to do something to protect the environment.

- ① All ② Every ③ Each ④ Both

問10 Lucy's father (30) her to apply to the company because his mother worked there.

- ① explained ② encouraged ③ made ④ blamed

〔V〕 次の会話文を完成させるために最も適切なものを次のうちから1つずつ選べ。

〔解答番号は 31 ~ 35 〕

問1 A: I heard Yoko passed the test.

B: So now she can study abroad next year, right?

A: (31)

B: I'm sure she can do that.

- ① Only if she passes the interview. ② No, because she failed the test.
③ Yes, if she had passed the test. ④ Unless she studies in Japan.

問2 A: Why is Alex coming late?

B: (32)

A: That would explain it.

B: Yes, I'd be late too in a situation like that.

- ① I have no idea. ② The bus today is delayed.
③ He had to change the trains. ④ It's because he took a taxi.

問3 A: (33)

B: Thank you. You're very kind.

A: I'm getting off at the next stop.

B: Even so, I appreciate it.

- ① Can I take your bags? ② Are you not feeling well?
③ Would you like to sit here? ④ Do you need any help?

問4 A: Do you often travel overseas?

B: I used to travel a lot, but not anymore.

A: (34)

B: I just don't have as much extra money now.

- ① How often did you travel? ② Is there any particular reason?
③ Where are you going in summer? ④ Why do you enjoy traveling?

問5 A: Where is your sister?

B: She's still at work.

A: (35)

B: Probably. But she said we can start without her.

- ① Why can't she come home now? ② Is that the only thing she does?
③ Doesn't she live nearby? ④ Will she be late for dinner, then?

[VI] 次の英文が日本語の内容を表すように下の①～⑤を並べ替えたときに、2番目と4番目に来るものを次のうちから1つずつ選べ。ただし、文頭に来る語も小文字で書いてある。

[解答番号は 36 ~ 45]

問1 これは簡単な解決策がない問題のように見えます。

This seems () (36) () (37) () solution.

- ① no ② with ③ like ④ easy ⑤ a problem

問2 どんなに小さくても自分の会社をもちたいです。

I would rather have a company of my own, () (38) () (39) ().

- ① it ② however ③ be ④ small ⑤ may

問3 あの子の好きなようにさせてあげませんか。

() (40) () (41) () do as she pleases?

- ① the girl ② don't ③ let ④ why ⑤ we

問4 イギリス人は自然を大事にしていることで有名です。

People in Britain () (42) () (43) () nature.

- ① for ② of ③ known ④ their love ⑤ are

問5 そのことで彼を責めても意味がありません。

There () (44) () (45) () for it.

- ① point ② in blaming ③ is ④ no ⑤ him

